

Monday

06.30-22.00	Junior Fitness Sessions	8yrs-15yrs
	(Limited to 45 min sessions)	
15.45-16.30	Children's Multi-Skills	5yrs-7yrs
16.00-18.30	Swim Skool	4yrs-15yrs
16.30-19.00	Gymnastics Course	5yrs-15yrs

Tuesday

06.30-22.00	Junior Fitness Sessions	8yrs-15yrs
	(Limited to 45 min sessions)	
16.00-18.30	Swim Skool	4yrs-15yrs
16.00-18.15	Trampolining	5yrs-15yrs
16.00-17.00	Swim Skool	8yrs-15yrs
	(Snorkelling Course)	

Wednesday

06.30-22.00	Junior Fitness Sessions	8yrs-15yrs
	(Limited to 45 min sessions)	
	NEW!	
16.00-16.45	Gymnastics	5yrs-15yrs
16.45-17.30	Gymnastics	5yrs-15yrs
17.30-18.15	Gymnastics	5yrs-15yrs
16.00-18.30	Swim Skool	4yrs-15yrs

Thursday

06.30-22.00	Junior Fitness Sessions	8yrs-15yrs
	(Limited to 45 min sessions)	
16.00-18.30	Swim Skool	4yrs-15yrs
16.00-17.00	Swim Skool	8yrs-15yrs
	(Snorkelling Course)	
16.15-17.45	Gymnastics	5yrs-15yrs
17.00-17.45	Junior Badminton	7yrs-11yrs

Friday

06.30-22.00	Junior Fitness Sessions	8yrs-15yrs
	(Limited to 45 min sessions)	
16.00-16.30	Mini-Movers	2yrs-3yrs
16.30-17.00	Mini-Movers	4yrs-5yrs
16.30-17.15	Karate Kidz	4yrs-7yrs
17.15-18.00	Karate Kidz	7yrs-15yrs
16.00-18.30	Swim Skool	4yrs-15yrs

Saturday

08.30-11.00	Swim Skool	4yrs-15yrs
09.00-09.45	Formula XP Karting	3yrs-5yrs
09.45-10.30	Formula XP Karting	5yrs-7yrs
10.30-11.15	Formula XP Karting	7yrs-11yrs
08.00-19.00	Junior Fitness Sessions	8yrs-15yrs
	(Limited to 45 min sessions)	
	NEW!	
10.00-10.45	Children's Zumba Dance	4yrs-7yrs
11.00-12.00	Zumba, Dance & Fitness	8yrs-15yrs
13.15-14.00	Brazilian Soccer Skills	7yrs-11yrs
14.00-14.45	Mini Dribblers football	2yrs-4yrs
15.00-15.45	Mini Dribblers football	4yrs-6yrs

Sunday

08.30-10.30	Swim Skool	3yrs-4yrs
9.15-10.00	Trampolining	5yrs-15yrs
10.00-10.45	Trampolining	5yrs-15yrs
08.00-19.00	Junior Fitness Sessions	8yrs-15yrs
	(Limited to 45 min sessions)	
10.45-11.30	Trampolining	5yrs-15yrs
10.45-11.30	Junior Aces (Tennis)	4yrs-6yrs
11.00-18.00	Party room hire	
11.45-12.30	Junior Aces (Tennis)	7yrs-11yrs
11.30-12.15	Trampolining	5yrs-15yrs