

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10.00am-12.00noon Crèche under 5's	10.00am-12.00noon Crèche under 5's	10.00am-12.00noon Crèche under 5's	10.00am-12.00noon Crèche under 5's	10.00am- 12.00noon Crèche under 5's	9.00am-12.00noon House of Fun under 8's	9.00-12.00 noon House of Fun under 8's
12.00noon-6.00pm House of Fun under 8's	12.00noon-7.00pm House of Fun under 8's	12.00noon-7.00pm House of Fun under 8's	12.30pm-6.00pm House of Fun under 8's	12.00noon-7.00pm House of Fun under 8's	9.00am-12.00noon Football *	10.00am-1.00pm Shokk 8-14yrs
3.30pm-8.00pm Shokk 8-14yrs	3.30pm-8.00pm Shokk 8-14yrs	2.30pm-8.00pm Shokk 8-14yrs	3.30pm-8.00pm Shokk 8-14yrs	3.30pm-8.00pm Shokk 8-14yrs	10.00am-1.00pm Shokk 8-14yrs	3.00pm-7.00pm Shokk 8-14yrs
3.45pm-4.30pm Junior gym 14-15yrs*	3.45pm-4.30pm Junior gym 14-15yrs*	2.45pm-3.30pm Junior gym 14-15yrs*	3.45pm-4.30pm Junior gym 14-15yrs*	3.45pm-4.30pm Junior gym 14-15yrs*	1.45pm-2.30pm Junior gym 14-15yrs*	11.15am-12.00pm Junior gym 14-15yrs*
4.00pm-7.00pm Gymnastics*	4.00pm-5.00pm The Zone (SHOKK)	3.45pm-4.30pm Junior gym 14-15yrs*	4.00pm-5.00pm The Zone (SHOKK)	5.15pm-6.45pm Gymnastics *	2.45pm-3.30pm Junior gym 14-15yrs*	1.45pm-2.30pm Junior gym 14-15yrs*
4.00pm-5.00pm Trampoline 5-7 yrs*	4.00pm-5.00pm Cosmo soccer Academy 4-5yrs*	2:45pm-3:45pm Ballet dancing	5.00pm-6.00pm Cosmo soccer Academy 6-9yrs*	4.15pm-5.15pm Trampoline *	3.00pm-7.00pm Shokk 8-14yrs	*Squash
5.00pm-6.00pm Trampoline 8-15 yrs*		4:00-4:45pm Street Dance # 6-8yrs girls	6.15pm-6.45pm Junior lifesaving	5.15pm-6.15pm Trampoline *	*Squash	*Badminton
		5.00-5:45pm Street Dance # 6-8yrs boys		5.15pm-6.15pm Trampoline *	*Badminton	*Table Tennis
		6.00pm-7.00pm Fun swim 8-13 years		4.00pm-4.45pm Street dance # 11-15yrs	*Table Tennis	
				4.15pm-5.00pm Squash coaching beginners		
				5.15pm-6.00pm Squash coaching Intermediate		
				6.15pm-7.15pm Fun swim MP 8-13yrs		

Key:

\*Booking essential

# Term Time Only

Southwell Leisure Centre is an independent charitable trust financially supported by Newark & Sherwood District Council and this leaflet has been produced

with the approval of the Trustees. Registered Charity No. 522301