

## Newark Community First Aid

Balderton Parish Council have now put 6 defibrillators in the village.

To save lives everyone needs to know how to perform resuscitation and use a defibrillator.



YOU are invited to attend a 45-minute training session on Sunday 24<sup>th</sup> March.

Sessions start on the hour

10am - 11am - 12pm - 1pm - 2pm

At Balderton Village Centre Coronation St

To book Tel 01636 683202

## Balderton Defibrillators

Located at:

Cricket Club next Village Centre Coronation St

Chuter Ede School Gates Wolfit Avenue

Sainsburys supermarket London Road

William Ghent House Wilfred Road

Well Pharmacy Main Street

The Grove Inn London Road

These are available 24 hours per day in a secure coded box

If you find an unconscious person that is not breathing - call 999

The ambulance control will give you the code for the defibrillator box nearest you

Commence resuscitation - chest compression and send a person with the code to fetch the defibrillator.

Once the defibrillator arrives switch on and follow the voice commands