

# Volunteer Befrienders Wanted!

*Making Memories Befriending Service*  
*Live well with dementia*

Join our exciting new project:

Help support people with dementia and other / undiagnosed memory problems and their carers to live well with dementia and memory problems.

Befrienders will be trained and matched with service users who have similar interests so that they can be supported to try new activities or continue hobbies that they have always enjoyed but now find more difficult.

As a befriender you will help someone to continue to enjoy their day to day lives, their interests and activities for as long as possible, making a positive difference to their health and well being.

Full training and support will be provided.

**For more information contact**

**Amy Hiscock**

**Dementia Information Officer**

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**Email: [dementia@nandscvs.org](mailto:dementia@nandscvs.org)**



**Newark &  
Sherwood CVS**



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